## THE JERUSALEM MASS SHEET

4<sup>th</sup> SUNDAY OF ADVENT (C)

22<sup>nd</sup> December 2024

## THE INTRODUCTORY RITES

Stand

Cf. Is 45:8

Drop down the dew from above, you heavens, and let the clouds rain down the Just One; let the earth be opened and bring forth a Saviour.

All make the Sign of the Cross as the Priest says: In the name of the Father, and of the Son, and of the Holy Spirit. **Amen.** 

The Priest greets everyone present.
The people respond: And with your spirit.
The Mass of the day may be introduced.

## Greeting

The Priest greets the people, saying:

The grace of our Lord Jesus Christ, and the love of God and the communion of the Holy Spirit be with you all.

Or

Grace to you and peace from God our Father And the Lord Jesus Christ.

Or

The Lord be with you.

The people reply:

And with your spirit.

The mass of the day may be introduced.

## **Penitential Act**

The Priest invites the faithful to repentance followed, after a brief pause, by one of the Penitential Acts:

## I confess to almighty God

and to you my brothers and sisters, that I greatly sinned, in my thoughts and in my words, in what I have done and in what I have failed to do.

## And, striking their breast, they say:

through my fault, through my fault, through my most grievous fault; therefore I ask blessed Mary ever-Virgin, all the Angels and Saints and you my brothers and sisters, to pray for me to the Lord our God.

### Or

Have mercy on us, O Lord.

For we have sinned against you.

Show us, O Lord, your merc

And grant us your salvation.

#### Or

You were sent to heal the contrite of the heart.

Lord, have mercy. Or **Kyrie, eleison.** 

Lord, have mercy. Or Kyrie, eleison.

You came to call sinners:

Christ, have mercy. Or Christie, eleison.

Christ, have mercy. Or Christie, eleison.

You are seated at the right hand of the

Father to intercede for us:

Lord, have mercy. Or Kyrie, eleison.

Lord, have mercy. Or **Kyrie**, **eleison**.

## The absolution of the Priest follows:

May almighty God have mercy on us, forgive us our sins,

and bring us everlasting life.

Amen. Sit

If the 'Kyrie, eleison' has not been said or sung, it is said or sung now.

#### **The Collect**

Pour forth, we beseech you, 0 Lord, your grace into our hearts, that we, to whom the Incarnation of Christ your Son was made known by the message of an Angel, may by his Passion and Cross be brought to the glory of his Resurrection. Through our Lord Jesus Christ, your Son, who lives and reigns with you in the unity of the Holy Spirit, God, for ever and ever.

Amen. Sit

# THE LITURGY OF THE WORD First Reading

A reading from the Prophet Micah.

Micah 5:2-5a

Thus says the LORD: You, 0 Bethlehem Ephrathah, who are too little to be among the clans of Judah, from you shall come forth for me one who is to be ruler in Israel, whose coming forth is from of old, from ancient days. Therefore he shall give them up until the time when she who is in labour has given birth; then the rest of his brothers shall return to the people of Israel. And he shall stand and shepherd his flock in the strength of the LORD, in the majesty of the name of the LORD his God. And they shall dwell secure, for now he shall be great to the ends of the earth. And he shall be their peace.

The word of the Lord.

Thanks be to God.

## **Psalm**

Psalm 80(79):2ac, 3b, 15-16. 18-19. R.4

A. Bring us back, O God, let your face shine forth, and we shall be saved.

0 shepherd of Israel, hear us, enthroned on the cherubim, shine forth. Rouse up your might and come to save us. **R.** 

God of hosts, turn again, we implore; look down from heaven and see. Visit this vine and protect it, the stock your right hand has planted, the son you have claimed for yourself. R.

May your hand be on the man at your right hand, the son of man you have confirmed as your own. And we shall never forsake you again; give us life that we may call upon your name. **R.** 

## **Second Reading**

A reading from the letter to the Hebrews.

Hebrews 10:5-10

#### Brothers and sisters:

When Christ came into the world, he said, 'Sacrifices and offerings you have not desired, but a body have you prepared for me; in burnt offerings and sin offerings you have taken no pleasure. Then I said, "Behold, I have come to do your will, 0 God, as it is written of me in the scroll of the book." When he said above, 'You have neither desired nor taken pleasure in sacrifices and offerings and burnt offerings and sin offerings' (these are offered according to the Law), then he added, 'Behold, I have come to do your will'. He does away with the first in order to establish the second. And by that will we have been sanctified through the offering of the body of Jesus Christ once for all. The word of the Lord. Thanks be to God.

Acclamation, before the Gospel Alleluia, alleluia.
Behold, I am the handmaid of the Lord; let it be to me according to your word.
Alleluia!

Stand

Luke 1:38

Gospel Luke 1:39-45

The Lord be with you.

And with your spirit.

A reading from the holy Gospel according to Luke.

Glory to you, 0 Lord.

In those days Mary arose and went with haste into the hill country, to a town in Judah, and she entered the house of Zechariah and greeted Elizabeth. And when Elizabeth heard the greeting of Mary, the baby leaped in her womb. And Elizabeth was filled with the Holy Spirit, and she exclaimed with a loud cry, 'Blessed are you among women, and blessed is the fruit of your womb! And why is this granted to me that the mother of my Lord should come to me? For behold, when the sound of your greeting came to my ears, the baby in my womb leaped for joy. And blessed is she who believed that there would be a fulfilment of what was spoken to her from the Lord.'

Praise to you, Lord Jesus Christ.

The Homily Sit

The Nicene Creed

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light,

true God from true God, begotten, not made,

consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven,

and by the Holy Spirit

was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate,

he suffered death and was buried,

Stand

All bow

and rose again on the third day in accordance with the Scriptures. He ascended into heaven and is seated at the right hand of the Father. He will come again in glory to judge the living and the dead and his kingdom will have no end. I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son, who with the Father and the Son is adored and glorified, who has spoken through the prophets. I believe in one, holy, catholic and apostolic Church. I confess one Baptism for the forgiveness and I look forward to the resurrection of the dead and the life of the world to come. Amen.

## The Prayer of the Faithful

Response example: Lord, in your mercy.

Hear our prayer.

After the concluding prayer all say: Amen.

Sit

## THE LITURGY OF THE EUCHARIST

The offerings are brought to the altar.
A hymn may be sung.
If the Priest says the two prayers of offering aloud, the response both times is:

Blessed be God for ever.

The people rise as the Priest says:

Pray, brethren (brothers and sisters), that my sacrifice and yours may be acceptable to God, the almighty Father

## The people reply:

May the Lord accept the sacrifice at your hands for the praise and glory of his name, for our good and the good of all his holy Church.

## **Prayer over the Offerings**

May the Holy Spirit, 0 Lord, sanctify these gifts laid upon your altar, just as he filled with his power the womb of the Blessed Virgin Mary.
Through Christ our Lord.

Amen.

## The Eucharistic Prayer

The Lord be with you.

And with your spirit.

Lift up your hearts.

We lift them up to the Lord.

Let us give thanks to the Lord our God.

## It is right and just.

The Priest continues with the Preface and concludes with the people, singing or saying aloud:

Holy, Holy, Holy Lord God of hosts.

Heaven and earth are full of your glory.

Hosanna in the highest.

Blessed is he who comes in the name of the Lord.

## Hosanna in the highest.

The Eucharistic Prayer continues until the

priest says:

The mystery of faith.

And the people continue acclaiming one of

the following:

We proclaim your Death, 0 Lord, and profess your Resurrection until you come again.

Or:

When we eat this Bread and drink this Cup,

Kneel

we proclaim your Death, 0 Lord, until you come again.

Or:

Save us, Saviour of the world, for by your Cross and Resurrection you have set us free.

The Priest concludes the Eucharistic Prayer saying alone:

Through him, and with him, and in him, 0 God, almighty Father, in the unity of the Holy Spirit, all glory and honour is yours, for ever and ever.

The people acclaim: Amen.

## The Communion Rite

Stand

The Priest invites all to join in the Lord's Prayer:

Our Father, who art in heaven,
hallowed be thy name;
thy kingdom come,
thy will be done
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our trespasses,
as we forgive those who trespass against us;
and lead us not into temptation,
but deliver us from evil.

## The Priest continues alone:

Deliver us, Lord, we pray, from every evil, graciously grant peace in our days, that, by the help of your mercy, we may be always free from sin and safe from all distress, as we await the blessed hope and the coming of our Saviour, Jesus Christ.

For the kingdom,

the power and the glory are yours

now and for ever.

For the kingdom,

the power and the glory are yours now and for ever.

## The Priest says:

Lord Jesus Christ.

who said to your Apostles:

Peace I leave you, my peace I give you,

look not on our sins.

but on the faith of your Church,

and graciously grant her peace and unity

in accordance with your will.

Who live and reign for ever and ever. **Amen.** 

The peace of the Lord be with you always.

## And with your spirit.

The Deacon, or the Priest, adds:

Let us offer each other the sign of peace.

The Priest takes the host and breaks it.

Meanwhile the people say or sing:

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, have mercy on us.

Lamb of God, you take away the sins of the world, grant us peace.

Kneel

The Priest shows the host to the people and says:

Behold the Lamb of God.

behold him who takes away the sins of the world.

Blessed are those called to the supper

of the Lamb.

## Lord, I am not worthy

that you should enter under my roof, but only say the word and my soul shall be healed.

The Priest or other minister says to each communicant

The Body [Blood] of Christ.

Each communicant answers: Amen.

## **Communion Antiphon**

Is 7:14

Behold, a Virgin shall conceive and bear a son;

and his name will be called Emmanuel.

After the distribution of the Holy Communion a

sacred silence may be observed or a psals,

hymn or canticle of praise may be sung.

## **Prayer after Communion**

#### Stand

Having received this pledge of eternal redemption, we pray, almighty God,

that, as the feast day of our salvation draws ever nearer.

so we may press forward all the more eagerly to the worthy celebration of the mystery of your Son's Nativity.

Who lives and reigns for ever and ever.

Amen.

## THE CONCLUDING RITES

## Announcements may be made.

Priest: The Lord be with you.

All: And with your spirit.

May almighty God bless you,

the Father, and the Son, and the Holy Spirit, come down on you and remain with you for ever.

#### Amen.

## Then the Deacon, or the Priest, says:

Go forth, the Mass is ended. Or:

Go and announce the Gospel of the Lord. Or

Go in peace, glorifying the Lord by your life. *Or* 

Go in peace.

## Thanks be to God, alleluia, alleluia

Then: